

# MOUNT VERNON RISING NORTH CASTLE RISING WESTCHESTER RISING EASTCHESTER RISING SOUNDVIEW RISING HARRISON RISING YONKERS RISING PELHAM RISING RYE RISING

FRIDAY, OCTOBER 16, 2009

## Scarsdale Resident Joins Scarsdale Bone and Joint Specialists

Dr. Arthur Williams, a neurologic surgeon who specializes in neurologic disorders of the spine, recently joined Scarsdale Bone and Joint Specialists, PLLC. His expertise furthers the mission of the practice to respond to the unique needs of each patient with a commitment toward restoring health and wellbeing.

Patients who are referred to Williams usually have documented evidence of nerve compression from arthritis or herniated disc disease in the spine. Williams bases his treatment decisions on whether pain is localized or extends into the extremities.

"I believe in conservative treatment, including physical therapy, as long as a patient can tolerate the level of discomfort and does not have weakness or paralysis," he said.

However, if conservative measures fail, Williams is versed in the multitude of minimally invasive procedures available.

"I look forward to providing people with relief of their back and neck pain with the appropriate combination



**Dr. Arthur Williams**

of therapies," he continued. "With the right surgical procedures and minimally invasive interventions only as necessary, plus follow-up therapy, sufferers of severe back pain can regain mobility and the ability to return to their normal activities."

Williams has worked extensively as a neurologic surgeon in New York City. He is an attending neurosurgeon

at St. Luke's Roosevelt Hospital and the Beth Israel Medical Center, Petrie Division. Previous affiliations include Lenox Hill Hospital. Williams received his medical education at UMDNJ New Jersey Medical School and his training at Mount Sinai Medical Center and Yale-New Haven Hospital. He is a member of the American Association of Neurological Surgeons, Congress of Neurological Surgeons and New York Neurological Society.

Williams resides in Scarsdale with his wife and two children. He enjoys tennis, fishing, biking and spending time with his family.

Scarsdale Bone and Joint Specialists, PLLC brings together four leading specialists and Westchester residents in a comprehensive orthopedic practice.

Scarsdale Bone and Joint Specialists, PLLC, is located at 2 Overhill Rd. in Scarsdale. For more information, call 914-723-1254 or visit [www.scarsdaledocs.com](http://www.scarsdaledocs.com). Williams also can be reached at 212-636-3119 or [IAlicea@chpnet.org](mailto:IAlicea@chpnet.org).