

OCTOBER 16, 2009

## Health News

### Arthur Williams, M.D.

Dr. Arthur Williams, a surgeon who treats neurologic disorders of the spine, recently joined Scarsdale Bone and Joint Specialists, an orthopedics and sports medicine practice with expertise in knee, shoulder, elbow, hand and wrist surgeries.

The majority of Williams's patients have documented evidence of either nerve compression from arthritis, herniated disc disease, or both. He bases his treatment decisions on whether pain is localized or extensive. Williams is well versed in the numerous minimally invasive procedures available, but prefers to start with conservative treatment, including physical therapy for those who are able.

In New York City, he is an attending neurosurgeon at St. Luke's Roosevelt Hospital and the Beth Israel Medical Center, Petrie Division. Previously, he was affiliated with Lenox Hill Hospital. Williams graduated from University of Medicine and Dentistry of New Jersey. He got his training at Mount Sinai Medical Center and Yale-New Haven Hospital. As a fellow at University of



**Dr. Arthur Williams**

Miami's Jackson Memorial Hospital, he participated in the Miami Project to Cure Paralysis.

Williams is a member of the American Association of Neurological Surgeons, the Congress of Neurological Surgeons and the New York Neurological Society. He lives in Scarsdale with his wife and two children.

Scarsdale Bone and Joint Specialists, PLLC, is at 2 Overhill Road, Scarsdale, phone 723-1254, [www.scarsdaledocs.com](http://www.scarsdaledocs.com).